









# Progress of the health and social care strategy for Devon

28 February 2018

What today's presentation is about



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# 1 | Recap

## Last year, we spoke to you about our challenges



Population projected to rise 13% by 2039



Older population (65+) projected to rise **45%** by 2039. They generally require more care



**1 in 3 people** live with one or more long-term conditions. Health and social care services must better support their needs



15 years' difference between life expectancy between some areas



**Nursing home sector** struggling to meet increasing demand and complexity



Deficit of more than £500m by 2021

## Our progress to date

| 2016/17            | Responded to financial challenge by reducing costs<br>Agreed a 5 year plan and priorities to address our case for change<br>as a system<br>Consulted on a new way of working in South and East Devon to<br>support people at "home first"   |
|--------------------|---|
| 2017/18            | Implemented new way of working in South and East Devon<br>Clinical recommendations as part of an acute services review<br>Agreed new ways of working across hospital services "Mutual<br>Support"<br>More joined up working of partners across the system – integrated<br>care developments |
| 2018/19            | Focus on increasing productivity and transforming care<br>Prevention and Integrated Care  |
| 2019/20<br>– 20/21 | Using learning to inform next steps to secure sustainability in care system<br>Realise benefits from changes – improved outcomes  |

### Our successes

**'Best care for Devon':** independent assessment by the Care Quality Commission highlights the great quality of our health and care services:

- All GP Practices in Devon are rated as 'Outstanding' or 'Good'
- 86% of adult social care providers in Devon are rated as 'Outstanding' or 'Good', compared to the national average for England of 80%

**Groundbreaking hospital collaboration:** all four organisations providing acute hospital services operate a 'mutual support' approach to benefit patients. NHS England view it as an **"exemplar of joint working"** 

**'The best bed is your own bed':** we are enhancing community services to support thousands more people to live independently at home. This has led to a reduction in acute and community hospitals beds by 213 over the past two years. **Patient satisfaction with these services runs at over 90%** 

### Our successes (cont'd)

**Integrating services to benefit patients:** From a patient or service user viewpoint, they will see more joined up health and social care services that work for them

No health without mental health: Devon is leading the way with innovative mental health services, including liaison psychiatry in each A&E to ensure people get the right help, psychological therapies for people with long-term conditions, and a new mother and baby unit opening next year in Exeter to ensure women receive specialist mental health support in Devon

**'Proud to Care':** 100 'ambassadors' have been trained to promote careers in health and social care at every school, college, university and job centre across Devon. The **'Proud to Care' campaign** has also helped recruit more people into key care and health jobs throughout Devon

### Our successes (cont'd)

**Improving support for people with learning disabilities or autism in Devon:** seven per cent more individuals have an annual health check than the national average. Furthermore, better access to services is reducing health inequalities for people with learning disabilities

Independent ratings show good progress: Devon has now moved from being one of three most challenged areas of the country to one of 14 health and care systems "making real progress", according to NHS England

Living within our means: overspending has reduced from £229 million to £61 million over the past two years. Includes saving £25 million on agency spend. Devon system is aiming for financial balance in 2019/20

# 2 | Strategy update

### Our strategy: A whole population approach

### **Target populations and outcomes**

People with complicated needs, including frailty, learning disabilities and mental health disorders Intensive approaches to empowering people, integrating care and reducing unplanned service use

### People with long term physical and mental health conditions

Proactive approaches to supporting people to build knowledge, skills and confidence and reducing or delaying escalation

Whole population Universal approaches to supporting people to keep healthy, making informed choices and decisions at times of need

### **Primary interventions**

#### Tier 3 (Tier 1 and 2 interventions plus)

- Proactive coordination of care and personalised care and support Planning through MDTs
- Personal health budgets and integrated personal budgets

#### Tier 2 (Tier 1 interventions plus)

- Proactive coordination of care and personalised care and support planning through General Practice
- Self care support (including health coaching
- and self-management education)
- Rapid access to integrated urgent care

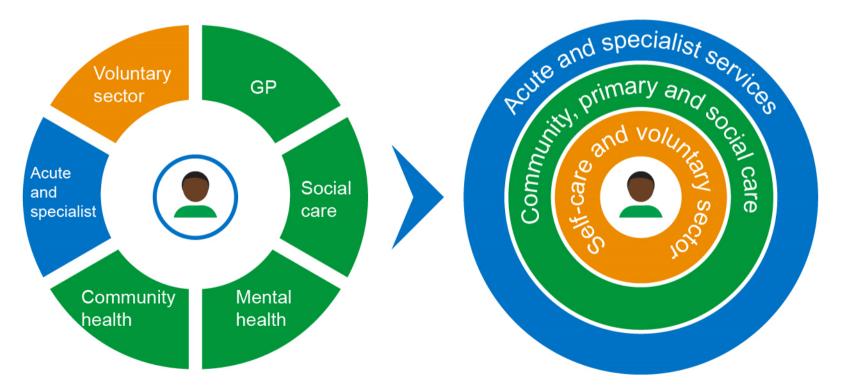
#### Tier 1

- Information provision tailored
- to health literacy
- Shared Decision Making
- Making Every Contact Counts
- Social prescribing
- Asset based approaches
- Access to information and services face-to-face and online
- Health and wellbeing hubs

### How we plan to get there

Co-ordinating health and social care services around the individual, so it feels like one service

Develop integrated care systems



### What will it mean for our population

Integrated local support

Better health outcomes

More care in out of hospital settings

Healthier, more resilient communities

People, places, networks of support, what matters to you, wellness



Health information advice at their fingertips delivered through digital solutions

People will become experts in managing their care needs People who need care in a hospital bed will still be able to receive it Plans to be designed and developed in consultation with local people Prevention, proactive care, new models and fewer trips to hospital

## Our priorities for 2018/19: Increasing productivity

| Reducing<br>unwanted<br>variation | Using data to identify variations and where changes to practice are needed (e.g. 'Model Hospital' and 'Getting It Right First Time') |
|-----------------------------------|--|
| Corporate<br>services             | Reducing overall spend in 'back office', corporate functions by moving to a shared service model                                     |

### Our priorities for 2018/19: Transforming care

| Promoting independence     | Provide help to support peoples' independence for as long as possible   |
|----------------------------|---|
| Integrated care model      | Focus on frailty to identify people at greater risk of ill health and giving them the care and support they need to stay independent                                      |
|                            | Better support patients in care homes, to reduce hospital admissions  |
| Ambulatory<br>care         | Providing more operations and procedures, without the need for overnight stays, improves efficiency and means we can treat more patients more quickly                     |
| Mental health              | Personalised support for people with dementia and extend talking<br>therapies support to people suffering anxiety and depression<br>associated with a long-term condition |
| Estates                    | Review of estates and buildings to ensure we make the best use of them  |
| Acute hospital services    | Developing opportunities to work differently  |
| Right care,<br>Right place | Ensuring people who need care most, receive it, and needs are met in the most effective way   |

# 3 | Finances



Savings from the Devon health system (incl population of Devon, Plymouth and Torbay) of £156 million are to be delivered this year, against a target of £168 million – which represents a 93% achievement of plan

This means our forecast for 2017/18 is a deficit of  $\pounds$ 54.2 million against a planned deficit of  $\pounds$ 61.5 million – an improvement of  $\pounds$ 7.3 million in year

# 4 Integrated Care Systems

### **Integrated Care Systems**

National policy to ensure organisations, including the NHS and Local Authorities, work more closely together to provide joined-up services and improve care for populations

Not the creation of a new organisation or 'privatisation by the back door'

Not a new concept. Integrated Care System builds on the solid progress that's already established

NHS Constitution and Local Authority Constitution will remain at the heart of everything we do, meaning anyone can receive high-quality NHS care, free at the point of access, whenever they need it

### Integration – Making it happen

Integration workshop for the Devon Health and Wellbeing Board held on Thursday 14 December 2017

Participants included members of the Board, NHS chief executives and Devon STP representatives

- Good progress on integration
- Common understanding on local variation and gaps in capacity and resources
- Good understanding on challenges and benefits of integration
- Good capability to deliver integration
- Willingness to put public needs first

**Next steps:** agree governance, assurance and increase knowledge of local needs

# | Your questions